Hello and welcome to YouView
This quick guide will help you with setting up YouView and getting the most from our range of features and content.
For further information or support please go to support.youview.com

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YOUVIEW AT A GLANCE

What is YouView?

Welcome to YouView

YouView is the most intuitive way to watch TV. Its simple and easy and there is no need for a set top box. You can Scroll Back in the guide and Catch Up, play content On Demand as well as Search and Discover.

YouView brings together catch up TV from across BBC iPlayer, ITV Player, All 4 and Demand 5.
YOUVIEW AT A GLANCE

YouView features

Scroll back TV
YouView can transport you back with seven days of catch up TV from BBC iPlayer, ITV Player, All 4 and Demand 5.

Simply scroll back in time on the guide and the available shows will appear.

Discover
The ultimate anti-boredom feature. When you’re not sure what you want to watch our Discover feature gives you access to YouView’s library of high quality entertainment – programmes, series and films. YouView showcases the most popular series that may just take your fancy or our genres and subgenres will help you work out what it is you really want to watch.
YOUVIEW AT A GLANCE

YouView features

Search
Seek and you shall find with our simple, speedy search feature. You can search for a programme, an actor or even a director and we will show you related results.

Mini Guide
This small and perfectly formed guide lets you scroll through channels and 12 hours back and forward without getting in the way of the programme that’s on.

More Episodes
In the programme information we’ll let you know if there are more episodes available making it easy to binge watch a whole series if you please.
Setting up couldn’t be easier.

To get YouView you will need to be connected to the Internet this can be done through a cable connection or Wi-Fi and your aerial will also need to be connected.

Your TV will automatically enable YouView at set up but if this has not been done you can enable it through settings:

1. Press the HOME button > scroll down to Settings > Channel Setup > YouView Setup
2. Select Enable and choose Yes
3. Follow the on screen set-up instructions

To enjoy the full YouView experience you need good digital TV coverage and a recommended broadband speed of at least 3.0Mb/s. For HD you’ll need more bandwidth. In addition, YouView works the same way through Sony’s built-in Wi-Fi.

We also recommend you are on the latest Sony software update for the best service.

YouView on Sony is only available in the United Kingdom, Channel Islands, Isle of Man and Isle of Wight and in English.
SETTING UP YOUVIEW

Launching YouView

You can't miss us, as there are a number of ways to launch YouView:

- Press the GUIDE button on your remote
- Select the YouView app in the Featured apps menu
- Select Watch TV on the home screen
- Press the TV button on your remote
- Select Programme Guide in the Apps menu
- Select the Digital Input in the Input menu
GET MORE FROM YOUVIEW

Search

Know what you want to watch then it's simple and speedy—search for a programme, actor or director by typing in your search term.

You can use the number keys on your remote control to enter a search. Alternatively, you can use the on-screen keyboard.

1. Press the GUIDE button
2. Press the Blue button to bring up the YouView Menu
3. Select Search

Or

1. Press the DISCOVER button
2. Scroll down to On Demand TV
3. Select Search
GET MORE FROM YOUVIEW

Discover

Not sure what to watch?
Our Discover feature will show you popular series that may interest you or through our genres and subgenres you can refine what takes your fancy.

Note that the Discover feature can sort content for you by A-Z, Popularity or Latest.

To access Discover:
1. Press the GUIDE button
2. Press the Blue button to bring up the YouView Menu
3. Navigate left/right and select Discover
4. Three Discover categories will launch. Select Children’s, TV or Films
5. This will then launch all content available from the players for that genre. You can now select subgenres that take your fancy and refine your choices as you wish
GET MORE FROM YOUVIEW

Accessibility features

To turn on/off subtitles you’ll need to:
1. Press the HOME button
2. Scroll down to and select Settings
3. Select Channel Setup and choose Digital Setup
4. Select Subtitle Set-Up

Tip: You can also turn on/off subtitles by pressing the SUBTITLES button on the remote control. This will only affect the channel you are on
GET MORE FROM YOUVIEW

Accessibility features

How do I turn on/off Audio Description

To turn on/off Audio Description you’ll need to:
1. Press the HOME button
2. Scroll down to and select Settings
3. Select Channel Setup and choose Digital Setup
4. Select Audio Set-Up
5. Select Audio Settings and choose your preferred setting

Tip: You can also turn on/off Audio Description by pressing the AUDIO button on the remote control. This will only affect the channel you are on.
GET MORE FROM YOUVIEW

Accessibility features

How do I access On Demand, Discover and YouView search on my Sony TV?

If you have enabled YouView, you can access the Discover section from the YouView Menu.

To access Discover:

1. Press the GUIDE button on your remote
2. Press the Blue button to bring up the YouView Menu
3. Scroll left or right and select Discover
GET MORE FROM YOUVIEW

Remote control

Source
(Digital option takes you to Live TV on YouView)

Exit (Same as back button. It will take you back through the user journey)
Information (programme info)

Action Menu
TV (Mini Guide)
Back

Discover button (quick access to YouView Guide, Search and On Demand Films)
Volume Change

Mute
Audio Description

Trick Play Buttons (for use when in the players)

Standby

Number Pad

Text (Can be used to bring up the Red Button service on BBC)
Colour Buttons (Press the Blue button to bring up the YouView Menu)
Help shortcut
Guide

Navigation buttons
Select Button (opens Mini Guide when watching Live TV)
Sony Home

Previous button (can be used to toggle between last viewed channel)

Programme Change
Aspect Ratio
Subtitles

Exit (Same as back button. It will take you back through the user journey)
Information (programme info)
THE GUIDE

Using the guide

Your comprehensive listing of everything that was, is and will be on. Scroll seven days back and seven days forward and catch up on your favourites.

Press the GUIDE button to display the programme guide.

Use the arrow buttons to scroll backwards and forwards through time. Programmes available to watch are marked with a play icon.

Press the select button to play available programs.
You can use the information panel (Press the ☩ button) to find out more about the programme, the rating, accessibility features and whether it's available in HD or SD. You can also play more episodes from the same series if they're available On Demand.
Mini guide

This small and perfectly formed guide lets you scroll through channels and 12 hours back or forward and still watch your programme.

To use the Mini Guide:

1. When you are watching Live TV pressing either OK or up or down will bring up the Mini Guide which will show you what’s on TV now and what’s on next
2. Use the up/down navigation buttons to see another channel in the Mini Guide
3. Use the left/right navigation buttons to see what is on that channel, either backwards or forwards 12 hours. Programmes available to watch are marked with a play icon
4. Press the Information Button to find out more about the programme you have highlighted. Press the select button to play an available programme
You can refine the Guide so you can just see the channels that you watch. To hide channels in the programme guide you'll need to enter the Edit Channels mode.

Please note:
- You can unhide all channels or one by one
- Once channels are hidden, they will no longer be selectable by using the channel up or down buttons, entering the channel number or viewable in the programme guide

To hide or unhide channels:
1. Press the GUIDE button
2. Once the guide is open, press the Yellow button to enter the Edit Channels mode
3. Enter your Sony PIN. If you don't know your PIN, please see ‘How do I reset the PIN on my Sony TV?’ in this guide
4. Select the channels you want to hide. An [X] will appear to let you know this channel has been selected. When you are done, press the Yellow button to apply your selection
You can filter what channels you see displayed by genre.

To filter channels in the Guide, you’ll need to bring up the channel filters. To do this:

1. Press the GUIDE Button
2. Press the Red Button
3. Navigate to your filter of choice
4. Press the Select button or Red button to apply your filter
With a library full of TV programmes and films for you to watch on demand just kick back and enjoy. If you have enabled YouView you can access the On Demand Players – BBC iPlayer, ITV Player, All 4 and Demand 5.

To access the On Demand Players:
1. Press the GUIDE button
2. Press the Blue button to bring up the YouView Menu
3. Navigate left/right and select Players
4. Select the On Demand Player you wish to launch
Available players

- BBC iPlayer
- ITV player
- All 4
- Demand 5
  (including Milkshake! programmes)
PARENTAL CONTROLS

Restricting adult content

To restrict adult On Demand Programmes you’ll need to change the Parental Control settings.

To change the parental control settings:
1. Press the HOME button
2. Select Settings
3. In the Personal section select Parental Lock (Broadcast)

Here you will able to change your PIN, turn on/off protection and set your parental rating by age. If you have already setup your PIN you’ll need to enter your PIN to change any of these settings.
To prevent your children from seeing adult TV Channels, you can hide the channels from the guide.

To hide channels in the programme guide you’ll need to enter the Edit Channels mode.

1. Press the GUIDE button
2. Once the guide is open, press the Yellow button to enter the Edit Channels mode
3. Enter your Sony PIN. If you don’t know your PIN, please see ‘Reset PIN’
4. Select the channels you want to hide. An X will appear to let you know this channel has been selected. When you are done, press the Yellow button to apply your selection

Please note: Once channels are hidden, they will no longer be selectable by using the channel up or down buttons, entering the channel number or viewable in the programme guide.

To prevent your children from seeing adult On Demand programmes you’ll need to change the Parental Control settings.
PARENTAL CONTROLS

Reset PIN

Don’t worry. If you have forgotten your PIN you’ll need to change it.
To do this:
1. Press the HOME button
2. Select Settings
3. In the Personal section select Parental Lock (Broadcast)
4. Select PIN Code and enter the Master PIN (9999)
5. Select Change PIN Code
6. Enter the PIN you want to use from now on
ADJUSTING YOUR YOUVIEW PREFERENCES

Updating software

To make sure you get the best from YouView please ensure that you keep your software up to date.

To update your software:

1. Press HOME > scroll down to Settings > About > System Update
   Check for a system software update

2. Make sure your software update is set to Automatic
   so you can stay up to date
ADJUSTING YOUR YOUVIEW PREFERENCES

Changing my postcode

To change the postcode:

1. Press HOME > scroll down to Settings > Channel Setup > YouView Setup > Your Postcode
ADJUSTING YOUR YOUVIEW PREFERENCES

Accessibility features

To turn on/off subtitles you’ll need to:

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2. Scroll down to and select Settings
3. Select Channel Setup and choose Digital Setup
4. Select Subtitle Set-Up

Tip: You can also turn on/off subtitles by pressing the SUBTITLES button on the remote control. This will only affect the channel you are on.
ADJUSTING YOUR YOVIEW PREFERENCES

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4. Select Audio Set-Up
5. Select Audio Settings and choose your preferred setting

Tip: You can also turn on/off Audio Description by pressing the AUDIO button on the remote control. This will only affect the channel you are on.
ADJUSTING YOUR YOUVIEW PREFERENCES

Accessibility features

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To access Discover:

1. Press the GUIDE button on your remote
2. Press the Blue button to bring up the YouView Menu
3. Scroll left or right and select Discover